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Why You Need To Train In Thailand: Muay Thai Training, MMA Training, Wrestling Training, Thailand Travel Guide



Synopsis

Why You Need to Train in Thailand Thailand has so much to offer from the beautiful beaches to the wonderful people and delicious food. So many people travel to Thailand not only for the relaxing holiday, but for amazing opportunity to train martial arts. Specifically Muay Thai, however in the past 10 years, there has been a huge increase of popularity in not only Muay Thai but also MMA, wrestling, boxing, and Brazilian Jujitsu. Due to this large amount of interest, Thailand has become a home to some of the best MMA and mixed martial arts gyms in the world, not to mention they have always been the known for their world class stand-up skills known as Muay Thai or Thaiboxing. In this book, you will learn why Thailand is such an excellent choice to train whatever combat sport you desire. You will also learn a number of the following things: How to get to Thailand Visa and passport information What cities to live in What are the best MMA and Muay Thai gyms How to finance your trip and make money while you live in Thailand How to get MMA fights How to get Muay Thai fights How to get K1 Fights Information on MMA promotions and promoters Cost of living in Thailand How I get the best deals on cheap flights How to get sponsored by a gym Ways to make money outside of fighting Free time activities and info about the beautiful woman of Thailand Also included when you purchase this book, you will receive a free chapter from my book: If you're not cheating you're not trying Tips, tricks, techniques, and cheats for winning in MMA, BJJ, boxing, and wrestling

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Customer Reviews

This is the ultimate resource for anyone wanting to train, or even just travel, to Thailand. The author thoroughly explains what sets Thailand apart from all the other popular training destinations. Then

he explains how to make it all possible. Reading this book is like having an inspirational and motivational conversation with a friend, professional fighter, coach, manager, travel agent, and Thai local, all-in-one. There is no other resource available that even comes close to the knowledge Kesler provides. Kesler goes in depth on which cities are best for training, what the top gyms are, where to eat, Thai culture, how not to be taken advantage of, etc. More importantly, he outlines the financials of it all. He details the avenues available to finance your stay, as well as documents his every expense and budget. Like I said before, there's just no other resource that can touch the breadth and depth of knowledge you'll find in this book!

Whether you are a Muay Thai athlete or just someone who wants to try something different to stay in shape, this book caters to all different kinds of Muay Thai enthusiasts. The author knows what he is talking about, having studied the sport in Thailand for many years. This book primarily focuses on training techniques and training plans for beginners and experts. Instructions are clear and easy to follow and after reading the introduction chapters you just want to start training. What I personally liked was that this book is not all about the physical training, but it is also going into detail about the mindset you have to be in when you want to start your Muay Thai training. It really makes you understand where you have to stand to take on this sport, if it's for your benefit and in your own home only or if you want to become a professional fighter. Other than the training plans and exercises, this book is also filled with lots of interesting facts about the sport. Had a great time with this book.

This is a truly amazing resource. The author writes about the complete lifestyle of the muay thai fighter in Thailand, and it is not just the fighting and similar topics. There are all kinds of information here, from food and housing to making money, dating with local girls or cities to live in. Of course, it is based around the idea that you are a fighter and as a fighter you are living there, but the amount of information and the level of detail surpass even some classic tourist travel guides. Really good book, I recommend it.

Having lived in Thailand for the last 8 years and training Muay Thai I can relate to many aspects of the book. With myself a digital nomad I know how cheap and easy it is to live here while earning a western wage. Brandon gives great detail in most aspects of his writing, letting you know that you can stay here long term, you just have to plan it right. I have been to China and made some decent money so everything is possible. As a fighter myself Thailand is the best place to come to learn

muay thai at the best rates for anywhere in the world.

After reading the girl part! All the hard work that was mentioned in the previous chapters are worth it. Anyway, the book is very informative on what to expect in Thailand. However, it did a ok job explaining Muay Thai. I personally train Muay Thai myself so I know how powerful a knee can be and its kind of common sense. I feel like the whole Muay Thai part is common sense. Besides that I learned a lot.

I'm truly impresses with this book's content and I would like to appreciate the author for it because he really provides the quality content about Muay Thai fights and it was a new thing to me. I like this book and its content is really informative to me and it is increased my knowledge as well about the Muay Thai fights. Along with that, this book is basically based on Thailand's travelling guide. Everything you need to know is inside from visa, tickets, where to stay, where to visit, best places & much much more which is so much useful if you're planing to visit the Thailand in recent days so I would surly suggest this book to you. Although, some parts of this book I don't really liked but over all this book is truly impressive and based on high quality content.

Thailand's main focus of attraction is tourism. The second biggest industry would be prostitution. However, there are other reasons westerners would travel to Thailand, and the reason is a combination of muay thai martial arts, and stress-free life. At his home country, the author/fighter and his martial arts peers would come to train after a full 8-9 hour work or school day. On the other hand, in Thailand is all about training and rest time in between training. Pretty much any kind of martial arts including Brazilian ju-jitsu, boxing, and wrestling. The best part of training in Thailand according to my brother is that he was surrounded by people who are like minded as himself.

The introduction of this book really grabbed my attention; it was a one on one men's conversation. Although this book speaks directly to full time fighters, it got my attention because sports and machismo is a man's thing. I am not a fighter, the information given in this book however is comprehensive, guiding those who are so inclined to fight and gives the reasons why training should be done in Thailand. The description of the country and the reasons are sound, it is a great book for the full time fighters out there and it addresses every area that you'll need to know about to make the transition.

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